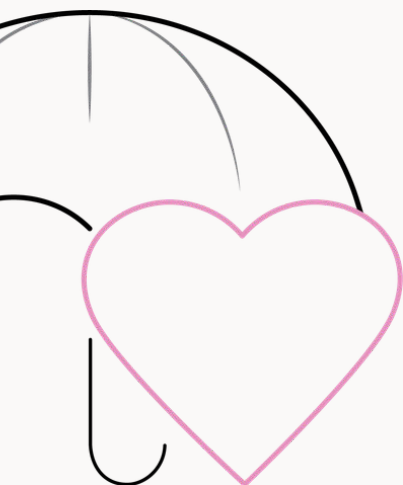




HEART ANTHOLOGY

OVERVIEW

A heart condition is rarely just a medical diagnosis. It can shape identity, relationships, mental health, family dynamics, grief, and the future in ways others may never see. This project will bring together different voices from the heart community to broaden understanding, share hard-earned perspective, and remind people facing similar experiences that they are not alone.

TOP 10 REASONS TO PARTICIPATE

- 1 Take your story and use it to empower others.
- 2 Become a published author without the pressure of having to write an entire book.
- 3 Spread awareness of heart issues and help people in the community feel seen
- 4 The process of writing is healing and transformative.
- 5 Gain the exposure to 24 other amazing authors and their networks.
- 6 Be a part of something special with a lasting impact.
- 7 Expand your reach, credibility and visibility of your message.
- 8 There is a high demand for books with messages of hope.
- 9 Your voice matters and you have unique perspective.
- 10 The proceeds of the book support Ella's Umbrella, a nonprofit that keeps kids' hearts beating.

PROJECT DETAILS

The anthology will feature short personal stories from approximately 25 authors, each offering a different perspective on life touched by heart disease. Together, the chapters will broaden understanding of the many ways heart conditions can shape a person, family, and future. Authors will share the experience that shaped them, but focus primarily on what they wish others understood, how the experience changed them, and what they have learned. Each author will submit 1,500–2,000 words.

PROJECT COSTS

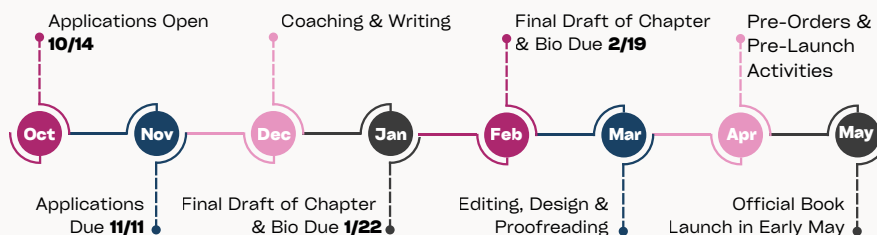
Ella's Umbrella anticipates approximately \$7,500 in publishing costs, including editing, writing coaching, design, and production.

Authors are invited to make a tax-deductible donation at a level that feels comfortable to them, with no minimum required. Ella's Umbrella will cover the remaining costs.

Every story matters, and finances should not be a barrier to sharing it.

Copies of the book will be available for **25% off** to authors.

TIMELINE



POTENTIAL TOPICS

- ♥ Growing up with CHD
- ♥ Medical or Political Advocacy
- ♥ Parenting a Heart Child
- ♥ Losing someone to a CHD or SCA
- ♥ Transplant & Advanced Care
- ♥ Impact of a diagnosis on relationships
- ♥ Medical trauma and close calls

APPLY HERE: www.ellasumbrella.org/anthology

